

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 09:05
Heat: 4/27 Lane : 9 Athlete: DE KETELAERE FEBE			Q-time: 01:26:86
PB (50m pool): 01:26.86 Gent 08/02/2026			PB (25m pool): 01:24.86 SB: 01:26.86 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:41.51	01:26.86	
	00:41.51	00:45.35	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 8 Athlete: VAN LIERDE ROOS			Q-time: 01:18:15
PB (50m pool): 01:15.02 Antwerpen 15/03/2026			PB (25m pool): 01:14.04 SB: 01:15.02 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.13	01:15.02	
	00:35.13	00:39.89	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 0 Athlete: STERKEN NINA			Q-time: 01:03:91
PB (50m pool): 01:03.91 Aalst 11/05/2025			PB (25m pool): 01:02.56 SB: 01:05.10 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:30.69	01:03.91	
	00:30.69	00:33.22	
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 09:50
Heat: 2/24 Lane : 4 Athlete: VANDENABEELE ACHILLES			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:26.09 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 09:55
Heat: 4/24 Lane : 8 Athlete: VAN LIERDE DAAN			Q-time: 01:56:27
PB (50m pool): 01:56.27 Antwerpen 13/07/2025			PB (25m pool): 01:56.05 SB: 02:02.64 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:55.54	01:56.27	
	00:55.54	01:00.73	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 10:00
Heat: 7/24 Lane : 4 Athlete: VAN BRAECKEL SEPPE			Q-time: 01:38:31
PB (50m pool): 01:38.31 Antwerpen 20/07/2025			PB (25m pool): 01:32.81 SB: 01:39.02 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:46.92	01:38.31	
	00:46.92	00:51.39	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 10:05
Heat: 9/24 Lane : 2 Athlete: VAN NIEUWENHUYZE LUKAS			Q-time: 01:35:66
PB (50m pool): 01:35.66 Lochristi 01/02/2026			PB (25m pool): 01:35.31 SB: 01:35.66 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:35.66	
	no time		
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 10:05
Heat: 9/24 Lane : 4 Athlete: BOONEN KAREL			Q-time: 01:34:70
PB (50m pool): 01:32.19 Antwerpen 15/03/2026			PB (25m pool): 01:27.51 SB: 01:32.19 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.02	01:32.19	
	00:43.02	00:49.17	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 8 Athlete: DE KETELAERE FEBE			Q-time: 01:49:11
PB (50m pool): 01:49.11 La Louvière 25/05/2025			PB (25m pool): 01:44.61 SB: 01:50.84 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:53.68	01:49.11	
	00:53.68	00:55.43	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 11:10
Heat: 9/25 Lane : 1 Athlete: VAN LIERDE ROOS			Q-time: 01:28:67
PB (50m pool): 01:26.86 Antwerpen 15/03/2026			PB (25m pool): 01:23.15 SB: 01:26.86 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.28	01:26.86	
	00:42.28	00:44.58	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:21, starttime: 11:35
Heat: 21/25 Lane : 6 Athlete: STERKEN NINA			Q-time: 01:14:33
PB (50m pool): 01:14.33 Gent 08/02/2026			PB (25m pool): 01:11.11 SB: 01:14.33 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:35.44	01:14.33	
	00:35.44	00:38.89	
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 11:40
Heat: 1/22 Lane : 5 Athlete: VANDENABEELE ACHILLES			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 01:29.06 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 11:45
Heat: 3/22 Lane : 5 Athlete: VAN LIERDE DAAN			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 7 Athlete: VAN NIEUWENHUYZE LUKAS			Q-time: 01:39:17
PB (50m pool): 01:37.13 Antwerpen 15/03/2026 PB (25m pool): 01:33.65 SB: 01:37.13 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:43.31	01:37.13	
	00:43.31	00:53.82	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:7, starttime: 11:55
Heat: 7/22 Lane : 8 Athlete: VAN BRAECKEL SEPPE			Q-time: 01:28:83
PB (50m pool): 01:28.83 Antwerp 26/01/2025 PB (25m pool): 01:28.67 SB: 01:30.81 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:41.36	01:28.83	
	00:41.36	00:47.47	
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 12:00
Heat: 9/22 Lane : 1 Athlete: BOONEN KAREL			Q-time: 01:23:46
PB (50m pool): 01:18.76 Antwerpen 15/03/2026			PB (25m pool): 01:17.82 SB: 01:18.76 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.25	01:18.76	
	00:36.25	00:42.51	
			

Coach feedback: